



# Remote Employee Well-being

These statistics highlight the importance of employee well-being:



While **33%** of employees who report low engagement and well-being intend to job hunt in the next 12 months, only **8%** of employees who are engaged and have high well-being intend to do so.



Eighty-seven percent of surveyed employees felt that workforce well-being could give their company a competitive advantage.



Seventy-nine percent of employees agreed that unhappiness among some of their workforce hurts productivity.



Remote employees reported loneliness as their biggest struggle, with 21% saying this was their No. 1 concern.

Employee well-being efforts can help an organization's bottom-line, and organizations can take the following steps to support their remote workforce:



Engage remote employees with video calls and virtual events.



Support employee caregiving needs.



Equip managers to communicate effectively.



Offer mental health resources.



Promote exercise.



Prioritize workstation ergonomics.

Sources: Harvard Business Review, Gallup, Employee Benefit News

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